

I-PREPARE

Increasing Personal Readiness,
Enhancing Preparedness,
Affecting Resilience in Emergencies



Members of the intellectual disability and/or autism (ID/A) community may be more affected by the negative effects of disasters. **Examples of disaster are:**



- Disasters can cause loss of electricity, gas, water, sewage, and telephones for several days or weeks.
- People may need to leave their home quickly.
- Emergency kits with at least three days' worth of food, water, and supplies can be used while waiting for help.

I-PREPARE helps individuals prepare for a disaster and assists those affected by disasters.

The Office of Developmental Programs (ODP) offers an on-line training called I-PREPARE on the [AIDinPA](https://aidinpa.org) website¹. The website includes:

- Information for families and support staff to help them prepare for emergencies.
- A [Personal Emergency Plan](#)² that was designed by a person with autism.

More information can be found in the [Emergency Preparedness Resource Collection](#).³For questions or for more information regarding I-PREPARE, contact:

Daniel Miller, *Emergency Preparedness & Response Coordinator*

PA DHS Office of Developmental Programs
(717) 856-8677
danielm@pa.gov

¹ <https://aidinpa.org/resource/emergency-preparedness-workshops/>

² <https://paautism.org/wp-content/uploads/2023/07/draft-Be-Ready-contents.pdf>

³ <https://aidinpa.org/emergency-preparedness/>