

Are you a young adult with Autism who enjoys art?

VOLUNTEERS ARE NEEDED FOR A RESEARCH STUDY

ABOUT THIS STUDY

This study is looking at how a psychoeducational art therapy group can help improve self-reported coping skills for managing symptoms related to Autism.

WHO CAN VOLUNTEER?

- Individuals with a diagnosis of autism spectrum disorder
- Individuals aged 18-25
- Individuals not currently in high school
- Individuals who speak English as their primary language
- Individuals able to self-report



WHAT WILL VOLUNTEERS DO?

- Participants will be randomized into one of three groups for the length of the study. They will either be placed in an assessment only group, a psychoeducation only group, or a full art therapy intervention group.
- Complete surveys before, during, and upon completion of the group as well as 1- and 3-months post group.

TO PARTICIPATE IN THIS STUDY:

Scan the QR code:



Participation is voluntary. No compensation is provided.

FOR MORE INFORMATION

Stacey Hanley
shanley@pennstatehealth.psu.edu

STUDY DIRECTOR:
Andrea Layton, MA, BCBA
*Department of Psychiatry and Behavioral
Health, Division of Autism Services*

This research has been approved by the Institutional Review Board, under federal regulations at Penn State Health Milton S. Hershey Medical Center, Penn State College of Medicine

IRB Study: STUDY00027382 • Pull by: 12/30/2026

Poster created using resources of Penn State Clinical and Translational Science Institute, UL1 TR002014