

Join SAU1 to Power Your Life with

⚡ **Fire Up Fridays!** ⚡



A non profit **BY** people with disabilities **FOR** people with disabilities.

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## February Virtual Events

- **All About Rights! Part 1**      Feb. 6      10:30 am to 12 noon
- **All About Rights! Part 2**      Feb. 13      10:30 am to 12 noon
- **Power Talk with ODP!**      Feb. 20      10:30 am to 11:30 am
- **All About Jobs!**      Feb. 27      10:30 am to 12 noon

### How to Join:

- **Call Carla at 724 588 2378 or email [power@sau1.org](mailto:power@sau1.org) to get the passcode anytime before the event.**
- **At the start time, type [sau1.me/zoom](https://sau1.me/zoom) in your browser, then enter the passcode.**
- **For just audio from a Smartphone: tap **+16468769923,,2233445555#** and wait to hear “You are in the meeting now.”**
- **For just audio from ANY phone, dial **646 876 9923**, then enter the meeting ID: **223 344 5555 ##****

## **All About Rights!**

**PART 1: Friday, Feb. 6, 10:30 am to 12:00 noon**

**PART 2: Friday, Feb. 13, 10:30 am to 12:00 noon**

- **Everyone has rights!**
- Are your rights respected?
- Let's talk about human rights, civil rights and the history of people fighting for their rights.
- Learn about the rules about people's rights when they get services.
- Find out how to make a complaint if your rights are not respected.
- Share ways to speak up for YOUR rights!

## **Power Talk with ODP!**

**Friday, Feb. 20, 10:30 am to 11:30 am**

- Join us for our monthly chat with staff from the PA Office of Development Programs (ODP), the government office that oversees and funds supports and services for people with ID/A. People with ID/A can speak up with ODP staff and others are welcome to listen and learn.
- **Email your questions or comments to [Christine@sau1.org](mailto:Christine@sau1.org) by Wednesday, Feb. 11** and she'll add them to the list for ODP.

## **All About Jobs!**

**Friday, Feb. 27, 10:30 am to 12 noon**

Join us to talk about

- Planning to work
- Finding and keeping a job
- Your rights
- Workplace accommodations
- ODP funded services
- Your benefits and other supports