

Join SAU1 to Power Your Life with

# Fire Up Fridays!



A non profit **BY** people with disabilities **FOR** people with disabilities.

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## February Virtual Events

- **All About Rights! Part 1**   **Feb. 6**   **10:30 am to 12 noon**
- **All About Rights! Part 2**   **Feb. 13**   **10:30 am to 12 noon**
- **Power Talk with ODP!**   **Feb. 20**   **10:30 am to 11:30 am**
- **All About Jobs!**   **Feb. 27**   **10:30 am to 12 noon**

### How to Join:

- Call Carla at **724 588 2378** or email [power@sau1.org](mailto:power@sau1.org) to get the passcode anytime before the event.
- At the start time, type **sau1.me/zoom** in your browser, then enter the passcode.
- For just audio from a Smartphone: tap **+16468769923,,2233445555#** and wait to hear "You are in the meeting now."
- For just audio from ANY phone, dial **646 876 9923**, then enter the meeting ID: **223 344 5555 #**

## All About Rights!

**PART 1: Friday, Feb. 6, 10:30 am to 12:00 noon**

**PART 2: Friday, Feb. 13, 10:30 am to 12:00 noon**

- Everyone has rights!
- Are your rights respected?
- Let's talk about human rights, civil rights and the history of people fighting for their rights.
- Learn about the rules about people's rights when they get services.
- Find out how to make a complaint if your rights are not respected.
- Share ways to speak up for YOUR rights!

## Power Talk with ODP!

**Friday, Feb. 20, 10:30 am to 11:30 am**

- Join us for our monthly chat with staff from the PA Office of Development Programs (ODP), the government office that oversees and funds supports and services for people with ID/A. People with ID/A can speak up with ODP staff and others are welcome to listen and learn.
- Email your questions or comments to [Christine@sau1.org](mailto:Christine@sau1.org) by Wednesday, Feb. 11 and she'll add them to the list for ODP.

## All About Jobs!

**Friday, Feb. 27, 10:30 am to 12 noon**

Join us to talk about

- Planning to work
- Finding and keeping a job
- Your rights
- Workplace accommodations
- ODP funded services
- Your benefits and other supports