



Vision for Equality

Serving People with Disabilities and Their Families

Caregiver Guilt

Workshop for all Caregivers

Join us for a free virtual workshop where we will explore caregiver guilt, how to recognize it, and ways to cope with it.

This workshop is for caregivers, by caregivers, to help you address this common feeling with compassion and confidence.

This workshop will be offered twice, but you only need to register once. All those who register will receive the recording.



Monday, September 21st

6:30pm- 7:30pm



bit.ly/4wXCaYf

Wednesday, September 30th

6:30pm- 7:30pm



bit.ly/4izeBRU

Click Link Above or Scan QR Code to Register for the the Zoom Meeting

Reasonable accommodations as identified under the ADA must be requested 2 weeks in advance. Please contact challegra@visionforequality.org. The Trauma Informed Care Project for Philadelphia Families is a project of Vision for Equality and is funded through the city of Philadelphia DBHIDS.