



Succulents & Self-Care™ Series

About the Series

Succulents & Self-Care™ is a hands-on workshop series designed to **nurture calm, community and well-being** through the beauty of living plants and meaningful connection. Did you know succulents symbolize **hope** and **resilience**—*just like us!*

Each seasonal workshop blends simple reflections with a unique take-home succulent piece that becomes a living reminder of **strength, renewal and growth.**

2026 Series at Villa Maria Education & Spirituality Center

vmesc.org

Register under **Retreats & Programs**

*\$35 per person. All supplies are provided and no planting experience is needed. This 1.5 hour guided experience offers space to slow down and recharge. Growing individuals ages 10+ are welcome with a participating adult.

Let's Grow Together!

GrowingWellnessConsulting.com



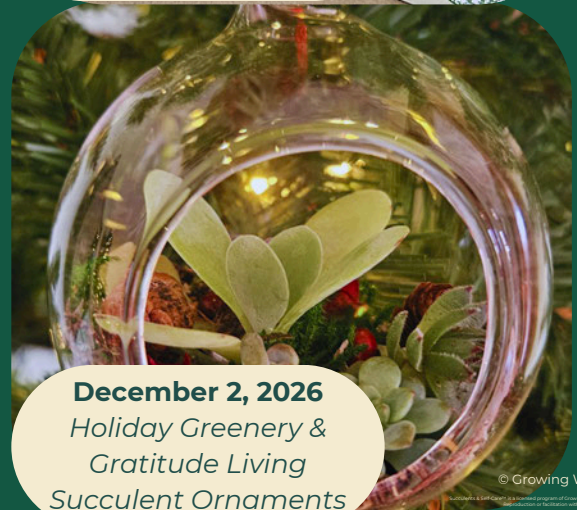
February 25, 2026
Planting Peace for the Year Ahead



May 13, 2026
Rooted in Hope



September 16, 2026
Pumpkin Succulents & Self-Care™



December 2, 2026
Holiday Greenery & Gratitude Living Succulent Ornaments