

# Join the Self Advocacy Power Network for All!



## September 2025 Virtual Events

Who should attend? People with intellectual disabilities and/or autism (ID/A) in Pennsylvania who want to learn more about how to live the life they want! Allies and supporters are welcome, too!

### **Fri. Sept. 19, 10:30 to 11:30 am**

**Power Talk with ODP!** Join us for our monthly chat with staff from the PA Office of Development Programs (ODP), the government office that oversees and funds supports and services for people with ID/A. People with ID/A can speak up with ODP staff and others are welcome to listen and learn. Email questions or comments to [Christine@sau1.org](mailto:Christine@sau1.org) by Weds. Sept. 10 and she'll add them to the list for ODP.

### **Mon. Sept. 29**

**Pick which time works for you: 1 to 3 pm OR 6 to 8 pm**

### **What is a Waiver, and How Do YOU Get One?**

Let's talk about the funds for supports and services from the PA ODP.

- Everyday Life for people with disabilities,
- Supports and services,
- Some disability history,
- What a waiver is and who may get one,
- How to apply for and get a waiver,
- Types of waivers and services, and
- Your rights.



Hear John's story  
and his fight for  
the life he wants!

## Get the Code Before the Event!

Call Carla at 724 588 2378 or email [power@sau1.org](mailto:power@sau1.org) to get the passcode anytime before the event. At the start time, type in your browser [sau1.me/zoom](http://sau1.me/zoom) then enter the passcode. For just audio from a smartphone: tap +16468769923,,2233445555# and wait to hear "You are in the meeting now."

For just audio from any phone: dial 646 876 9923, then meeting ID: 223 344 5555 ##

## Tell us what you need!

Would something help you be part of our events, like sign language or CART?

Let Carla know two weeks before the event and we'll make it happen!

Call or text Carla at [814 201 6061](tel:8142016061) or email at [carla@sau1.org](mailto:carla@sau1.org).

If you attend, Carla can email or mail the materials for the Waiver event.

## SAPNA is managed by Self Advocates United as 1



A PA nonprofit run by and for people with disabilities. SAPNA is a project of the PA Office of Developmental Programs (ODP) which approves all materials.



[724 588 2378](tel:7245882378)



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