

YOUR POWER ONLINE: STAYING SAFE AND IN CONTROL ON SOCIAL PLATFORMS



Join us for an empowering, youth-focused training designed to help you navigate the digital world with confidence. Learn how to protect your privacy, spot online risks, and build healthy tech habits that put you in control. This hands-on session breaks down real-life scenarios, teaches practical digital skills, and gives you the tools to stay safe, informed, and empowered in every corner of the internet. Perfect for teens and young adults with disabilities ready to step up their digital game!

This unique opportunity will:

- Empower you to be an upstander online.
- Connect you with resources and support systems when navigating online platforms.
- Answer your questions and build self-confidence online.

February 26th, 2026 6–7 p.m.



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PEAL promotes inclusion and access to education and healthcare and empowers families and young adults across Pennsylvania with support of funding from federal and state partners, nonprofit organizations and donors. The majority of this project is funded by the PA Department of Health's Title V Maternal and Child Health Services Block Grant, with additional support from the Family to Family Health Information Center. To learn more about our funders and donors, please visit the first page of our website: www.pealcenter.org.